



5. Attach hook to furthest from the ankle shoelace or Velcro strap. Remember to close the Velcro strap of your shoe over the hook.



6. Twist the round clasp to create the tension you need in the cord to enable you to walk without catching your toes on the floor. The round clasp only tightens when you twist it to the right (clockwise).

How to take off the OrthoPed splint:



1. Pull the round clasp off its magnetic base to release the tension in the cord.



2. Take the hook off the shoe.



3. Open the neoprene strap.



4. Pull the splint off foot.

Manufacturer Registered Address



OrthoPed Ltd, Oberoi Business Hub,
19 St Christopher's Way, Pride Park, Derby, DE24 8JY

Registered in England. Company No. 11885876



Medical Device



Consult instructions for use



Lot / Batch code



Expiry Date



UKCA

Contact

Email: info@orthoped.co.uk

Website: www.orthoped.co.uk

OrthoPed Foot Drop Splint – IFU – V5 – Nov 2024

This product is intended for single patient use only.
Re-use of any product will invalidate the UKCA
mark and any warranty.



OrthoPed

Information for Use Leaflet



Information for Use (IFU)

Before using the OrthoPed foot drop splint for the first time please read this document.

Summary and Explanation

The OrthoPed splint was created by a physiotherapist to solve the many frustrations seen in splints to support with foot drop.

Intended Use

The OrthoPed foot drop splint is a class 1 self-certified orthotic device intended for the exclusive use of a single specific patient to support foot drop. The OrthoPed foot drop splint can be worn multiple times. All devices are covered under the definition of an orthotic device: a brace, splint, or other artificial external device serving to support the limbs or spine or to prevent or assist relative movement.

Indications

- Flexible pes planus
- Mild-moderate spasticity such as Cerebral Palsy or Stroke
- Hypotonic Cerebral Palsy
- Mild ankle instability
- Intermittent toe walkers

Contraindications

- Significant equinovarus / valgus
- Severe hypertonicity
- Weakness deformity
- Dominant toe walkers

Warnings and Precautions

- Always follow the guidance of your clinician regarding the use of this ankle brace.
- Before each use, check that all product components are present as per the fitting process. Periodically check the condition of the product.
- If you observe any defect or anomaly, report it straight away to your clinician.
- To avoid minor discomfort caused by sweating, we recommend wearing a sock to separate the skin from contact with the product material.
- If you have any discomfort such as chafing, irritation and swelling, remove the product and consult your clinician.
- The product should only be used on healthy skin. It is not recommended for use over open scars, swelling, redness, or hotspots.
- It is important for comfort to loosen the cord on the OrthoPed splint when sitting for periods of time by pulling the round clasp off its magnetic base.
- People with pacemakers or defibrillators are usually advised about the effects magnetic fields can have on these devices, and that minimum distances are required to many magnetic objects. If you have a pacemaker or defibrillator, please speak to your doctor before using the OrthoPed splint.

Specifications

- Neoprene
- Cotton
- Cord
- Metal hook
- Magnetic buckle
- Plastic

Advice

- For comfort wear a sock under the ankle strap.
- The OrthoPed splint will likely cause a slight red mark on your ankle like a sock mark. However, this should disappear within 30 minutes of taking off the OrthoPed splint. If it does not, please speak to the clinician providing you the splint or if you privately purchased, please ensure the size you have bought is the correct size for your leg.
- Always follow your clinicians advice.
- The OrthoPed splint can be worn with Velcro fastening or lace up shoes, but not elastic laces.
- The OrthoPed splint cannot be used with Velcro shoes that do not have a D ring on the bottom strap because the hook needs to be sandwiched between the 2 layers of Velcro.

Care Instructions

Washing instructions:

- Hand wash only.
- Hang to dry, do not put in tumble dryer, in direct strong sunlight or on a radiator.
- Do not twist the splint to dry as this will damage it.

Safe Disposal

- When it is time to dispose of the OrthoPed foot drop splint please place in the general waste – the materials are non-recyclable at this point in time.

Storage and Transport

- The OrthoPed foot drop splint is packaged to protect the integrity of the splint.
- The splint is shipped by post and transported by the postal company selected by the supplier.
- There are no temperature requirements for storage.
- The product is non-sterile and does not need controlled storage.

Communications

Returns

Please contact the customer service team at the supplier from which you bought the device. Any device that they authorise for return must be cleaned prior to return. Alternatively, you can contact OrthoPed directly at info@orthoped.co.uk

FAQs and Trouble shooting

Please go to www.orthoped.co.uk/FAQs in the first instance. If this does not solve the problem or answer your questions, then please contact your supplier, or contact OrthoPed directly at info@orthoped.co.uk

Comments or Complaints

If you have any comments or complaints then in the first instance, please contact your supplier. You may also contact OrthoPed directly at info@orthoped.co.uk

What does the OrthoPed splint do?

The OrthoPed splint is designed to help people who have foot drop or weaker muscles around the front of their ankle meaning they can find it more difficult to lift the front of their foot.

The OrthoPed splint has been tested in the laboratory and in clinical studies to show that it helps to reduce the number of times the toes catch the floor, thereby helping to reduce the risk of falls. For more information on the clinical studies please see our website www.orthoped.co.uk.

Instructions on where to measure for the OrthoPed splint:

Measure around the widest part of the ankle.



How to put on the OrthoPed splint:

- Remove from the packaging
- Read the Information For Use (IFU)
- You can either have your shoe on or off when you place the OrthoPed splint on.
- If wearing lace up shoes, tighten the laces as much as possible and tie as tightly as comfortable.



1. Whilst sitting with feet flat on the floor, open the neoprene strap and pull the round clasp off its magnetic base.



2. Place foot through cord loop.



3. Wrap neoprene strap around ankle, overlapping the narrower Velcro end on top of the wider buckle end. Pass Velcro tab through buckle and fold back on itself to secure. You should be able to fit 1 finger around the top and bottom of the neoprene strap when it is done up.
4. Have foot flat on floor, bend ankle forwards as much as is comfortable so your knee goes towards or over your toes. Possibly using your hand on your knee to help.